

Summer Programs for Students with ASD - 2025

- **Adventures Without Limits**

(503) 359-2568

<https://awloudoors.org/partnertrips>

Adventures Without Limits specializes in creating accessible and inclusive outdoor adventures so that all people can enjoy the mental, physical and social benefits of spending time outdoors. Our programs are customized to meet the needs of our guests. We have designed and led programs for children hospitals, cooperate groups, private families, school groups, veterans and everything in between! Our team is trained and our gear is equipped to offer adaptive outdoor recreation options.

- **Aim High PDX**

<https://www.aimhighpdx.org/>

Aim High PDX's mission is to positively impact as many young people and families as possible through the efforts of unique curriculums, implementation of behavioral health strategies, job creation, and educational methods that focus on respect for ourselves, others, and our environment in an effort to work against victimization, bullying, depression, suicide, and discriminatory ideology. We provide unique services through our departments, which includes Martial Arts, Screen-printing, Autism Behavior Health services, and Summer Camp, Birthday, and Parents Night Out events.

- **Aspiring Youth**

<https://aspiringyouth.net/summer-camps/>

GENERAL REGISTRATION: Opens on February 10th at 10:00 AM

Aspiring Youth and Delphi Young Adults have been providing social skills groups, summer camps, coaching and other programs for children, teens, young adults and their families since 2004. Students develop tools and confidence to navigate their social world. Through consultation with parents, teachers and providers, we help our students apply these new skills to their social, academic and family life. We create an environment where students can make sustainable friendships. Engaging activities strengthen self-esteem and trust, and students build a new social community through social events and year-round programs. Locations throughout Washington, and offers Online Summer Groups (online groups are available for registration by out of state participants).

- **Autistic Community Activity Program (ACAP)**

<https://www.acappdx.org/>

[2025 ACAP Camper Application](#) open registration for all applicants is between 2/1/2025 and 3/14 2025. Camp dates are 7/1/25 – 8/22/25

The Autistic Community Activity Program (ACAP) has served people with autism spectrum disorder (ASD) since 1987, providing a quality eight week-long day camp program which combines daily community activities with a familiar schedule and structure. Our summer camp program provides structure in a variety of onsite and community settings while teaching vital and much neglected skills. Campers make positive strides in learning and practicing practical life-skills, relationship development, social and communication skills, public transportation travel, appropriate community behaviors, and reading environmental cues.

- **Bike First!**

<https://www.nwdisabilitysupport.org/about-bike-first>

Registration for 2025 will open soon. They are taking names for the waitlist.

The Bike First! program works with children, youths, and adults who experience difficulty getting past training wheels and onto conventional two-wheelers. Bike First! is open to children 8 years and up; meaning there is no cap on the end age. People who experience a variety of disabilities have had success at the clinics—including Down syndrome, autism, cerebral palsy, visual impairments, extreme fear of falling, fine motor challenges, and developmental delays.

- **Blue Compass Camps**

https://volunteer.uwkc.org/agency/detail/?agency_id=60872

Blue Compass offers outdoor programs for kids, teens and young adults with Aspergers, Autism, and ADHD. Our programs start for kids, age 10 and include programs for young adults. If your child can benefit from outdoor adventures focused on building social and self-confidence, then Blue Compass is perfect for your family. Our camps are designed to provide a small, intimate and supportive environment, one that allows staff to maintain the highest quality programs while giving campers the opportunity to excel and to celebrate their accomplishments.

- **Brain Balance of Oregon**

<https://www.brainbalancecenters.com/>

Brain Balance for children is a brain and body wellness program. The program is designed to help your child strengthen and improve his/her brain's functioning -- positively impacting many areas of their life. Established physical, sensory and cognitive exercises that enhance focus, mood, memory, and overall daily behavior. Programs are personalized to a child and family's goals. You'll get in person or virtual performance coaching to reach your goals. Your child will complete the program in-center or from home, depending on your location and preference.

- **Bustin' Barriers**

<https://bustinbarriers.org/>

Bustin' Barriers provides safe physical activities and meaningful socialization experiences for individuals with disabilities - creating opportunities for participants to have fun and strive toward their personal best. Accomplishments bust the barriers of doubt, misperception and fear - for both program participants and the community at large. Our camps have adaptive equipment available to make activities accessible for participants.

- **Camp Attitude**

<http://www.campattitude.com/>

Camp Attitude is designed to serve children and adults who cannot attend a typical summer camp without assistance or aid. We strive to help your camper experience "no limits" by doing our best to accommodate all needs, no matter how unique. From specially designed bunkbeds to wheelchair accessibility, your family's safety and comfort are our number one concern. For children ages 3-17 who experience physical and cognitive diagnoses.

- **Camp Meadowood Springs**

<https://www.meadowoodsprings.org/about-camp.html>

Camp Meadowood Springs provides an environment that supports communication throughout the camp day, providing a safe place for campers to practice communication skills. We take inclusion seriously at Camp Meadowood. We believe in the dignity and intrinsic worth of every human being. We welcome, affirm, and support children (and adults!) of all abilities and disabilities, experiences, races, sexual orientations, gender identities, religion, or citizenship/immigration status. We strive to create a safe environment for all. For children with speech, hearing, and other communication related disorders, ages 7 – 14 (or entering 1st through 9th grade).

- **Camp Namanu**

<https://www.campfirecolumbia.org/namanu/>

Camp Fire's Summer Day Camp day-to-day activities provide youth, ages 5-12, with hands-on learning while keeping all the fun and silliness you'd expect from a traditional summer camp. Camp Fire kids connect with their communities through local field trips and presentations from special guests. Each week has its own unique theme and will include a variety of activities including field trips, special guests, arts and crafts, STEAM challenges and day trips to Camp Namanu.

- **Camp Odakoda**

www.asdoregon.org

[Application](#) opens: March 1, each year, Applications close on April 1st.

Our mission is to facilitate the same kind of summer-camp that most children enjoy – with the added support, encouragement and expertise that we've specifically designed for children with these special needs. We offer a 4-night sleep away experience for boys and girls aged 10-18 years who have Autism. Our program is centered around promoting social skill development in a fun and exciting way. We have 2 campers to 1 adult counselor ratio. 2025 Camp Dates are July 22th-26th (Campers).

- **Camp Rivendale**

<https://www.thprd.org/activities/adaptive-and-inclusive-recreation/camp-rivendale>

Camp Rivendale contributes to the physical, mental and social growth of campers through the exploration of music, dance, drama, visual arts, sports and aquatics. Our staff and volunteers provide affection, support and companionship to campers and work to promote the dignity, self-respect, and independence of individuals with disabilities. Each summer, day-long camps are run at this serene outdoor campus. Campers can sign up for as many or as few weeks as they want, but there is no guarantee that they will get in every week. Staff members supervise all activities daily from 9 am to 3 pm. Wildflowers: Campers ages 6-12, Rangers: Campers ages 13-21

- **Camp Yakety Yak**

<http://www.campyaketyyak.org/>

Camp Yakety Yak is an inclusive social skills day camp supporting friendship development for children with special needs, ages 5-15, & social skills in the workplace instruction for young adults ages 16-22. Typical Peers & Siblings not only enjoy camp activities, but grow in their patience, empathy and leadership skills while connecting with other "neurotypical" siblings for some good, old-fashioned fun. We also offer special activities for siblings to support their unique needs.

- **Children & Youth with Disabilities Lab**

[Portland Location](#)
[Corvallis Location](#)

We are doing a research study examining the use of the family dog in animal-assisted interventions for children with developmental disabilities. We are inviting children with developmental disabilities, their guardians, and their family dog to participate in [our study](#) by attending our Dog Training Program.

- **Children's Healing Art Project (CHAP)**

<https://chappdx.org/workshops/>

Since 2006, CHAP has brought the healing power of art to tens of thousands of children and families facing medical challenges. If you are a family with a child impacted by a diagnosis, disease, or special need we would love to have you join Art Club or our inclusive 1-day and 4-day summer art workshops.

- **Community Based Activity Program (CBAP)**

<http://www.cbapkids.com/>

Summer 2025 Registration will open 2/21/25

CBAP is a summer camp program that focuses on providing enriching activities for children of all ability levels. Our program is grounded by the concept that children learn by actively participating in learning. CBAP programs are centered on the capacity of each student, and we maintain that the students' strengths will become a resource for our community if recognized and channeled properly. We plan both structured programs and recreational activities, always being sensitive to our students' individual needs.

Summer 2025 Dates: 6/24/2025-7/31/25

- **Computer Kids Club**

https://www.activityhero.com/biz/computer-kids-club-llc?aht_cam=schedule-widget&aht_src=58608&brand=1#.YhYqHuABnkw.link

We specialize in Computer science and academic programs designed for children ages 6-13. We offer SUMMER CAMPS, school break and HOLIDAY camps and 1-hour computer science classes all year long!

Our instructors are highly motivated and enthusiastic to teach our youth technology and prepare them for their future. We are licensed, insured, and all instructors have a national background check.

NOTE: Our Zoom Room runs on EASTERN TIME, so if you are in a DIFFERENT TIME ZONE, you will sign onto the session 1, 2, or 3 hours BEFORE the session time that is posted.

- **Day Camp at Easterseals**

<http://www.easterseals.com/oregon/our-programs/camping-recreation/rogue-family-summer-day-camp.html>

Registration already open.

This summer, Easterseals Oregon will be providing summer day camp programming in four locations around the Portland Metro area and surrounding communities! This exciting new program is designed to offer a safe, engaging, and intentional camp environment to children ages 10-14 with disabilities, under the care of trained staff and volunteers at a minimum of a 3-1 ratio. Our Day Campers will get to experience new things, make new memories, and build lasting friendships while engaging with fun camp activities and crafts. We will have 5-day camp sessions, each 5 days long, from 9am-3pm.

- Happy Mindful People**
<http://www.happymindfulpeople.com/kids-special-needs-movement/>
 Our small group movement & mindfulness classes are great for kids who struggle with communication and/or have difficulty navigating social situations. Small group classes incorporate social skills instruction intended to help kids develop tools to have successful peer to peer interactions while developing a stronger sense of self. All are welcome. Your child will develop a toolbox of skills that can easily be transferred into the classroom, anxious doctor visits, and everyday living activities. This program is beneficial for children with physical, cognitive and social communication deficits, which may include disabilities such as Cerebral Palsy, Down Syndrome, Autism, ADHD and other emotional and behavioral challenges.
- Hoop Camp**
<http://hoop.camp/portland/>
 Hoop.Camp caters to both special needs athletes and “unified” (those without special needs) athletes of all ages and abilities. Many of our special needs athletes have a wide range developmental delays, such as intellectual impairment, autism, down syndrome, Angelman syndrome, fetal alcohol syndrome, and other cognitive delays.
- Jennybird Speech & Language**
<https://www.jennybirdslp.com/>
 Jennybird Speech & Language is a mobile, in-home, and teletherapy clinic based in East Portland offering the full spectrum of speech-language evaluation and therapy services. My practice is mobile, offering services in clients' homes, public locations, and virtually, meeting children and their families where they are. Some of the services offered are: Individual speech and language therapy, Speech and language evaluations, Augmentative and alternative communication (AAC) evaluations, AAC therapy and implementation, Game-Based Language & Social Communication Groups, Consultation Community education for children, teens, and caregivers.
- Little League Challenger Division**
 The Challenger Division was established in 1989 as a separate division of Little League to enable boys and girls with physical and mental challenges, ages 4-18, or up to age 22 if still enrolled in high school. For more information on the Little League Challenger Division, email challenger@LittleLeague.org
 To find a local league, <https://www.littleleague.org/play-little-league/league-finder/>
- Mt Hood Kiwanis Camp for Children & Adults with Disabilities**
www.mhkc.org
 Registration already open.
 Offers children and adults with disabilities an opportunity to leave behind their routine lives and taste the freedom of the outdoors - to go beyond limits that they and others have set for them. Residential camp offers horseback riding, canoeing, swimming, arts and crafts, hiking, camping, outdoor cooking and a challenge course.
- Social Skills Group at New Horizons Wellness Services, LLC**
<https://nhws.us/therapy-services/social-skills/>

Here at New Horizons Wellness Services, we offer a range of social skills groups depending on your age and developmental level. These groups are designed to teach critical social skills that you or your child are having difficulty picking up in your natural environment. You'll learn these skills in an environment that's structured, but feels natural. The idea is to generally recreate the conditions of everyday life to prepare you for such situations.

Some of the key components of each curriculum include: Initiating interactions with peers, Taking turns, Sharing, Understanding and following rules, How to resolve conflicts, Being aware of social cues, Understanding and recognizing nonverbal cues, Regulating your emotions, Understanding others' perspectives, and Maintaining age appropriate conversations.

- **North Clackamas Parks & Recreation**

<https://ncprd.com/program-guide>

NCPRD offers a wide variety of affordable and safe summer camps to keep children of all ages active, learning and having fun all summer long.

Summer Camps 2025

Registration opens for NCPRD Residents on 4/1/25: Non-Residents 4/8/25.

On or after 4/1/25, for camp descriptions and registration click [here](#)

Adaptive and Inclusive Sports

<https://teamsideline.com/sites/clackamas/home#>

If you have an interest in receiving emails about our upcoming Adaptive & Inclusive Events, please add your name and email address to our list by clicking the link below.

[Adaptive & Inclusive Program Interest List](#)

If you would like additional information about our Adaptive and Inclusive Program, please email jglenn@ncprd.com for more information.

Sensory Friendly Swim - North Clackamas Aquatic Park

Check calendar or [call](#) for any current scheduled sessions

Sensory Friendly Swim is a welcoming aquatic environment for swimmers seeking reduced noise, limited lighting and fewer swimmers in a flat-water setting. Swimmers are required to have a responsible supervisor join them in the water. The swim includes waterslides, dive well (no diving board), kiddie pool, hot tub (for 18+) and wave pool (no waves). Two quiet rooms are available as calm spaces. To reduce the noise level there will be no waves, interactive fountains or whistles used.

Dance and Cheer Stars

<https://teamsideline.com/sites/clackamas/content/32248/Dance-and-Cheer-Stars-Spring>

Dance and Cheer Stars is a coed recreational dance and cheer team for youth in kindergarten through 5th grade (and) youth ages 12-25 with a disability or additional need (A&I team). Participants will learn the fundamentals of dance and basic cheer motions and jumps in a fun and encouraging environment. Participants will dance to

popular age-appropriate music. All teams will perform for family and friends at two special performances.

Dance and Cheer Stars (Spring 2025) Week of 4/14 - Sunday, 6/8

- **Oregon City Parks and Recreation Swim Lessons**

<https://www.orcity.org/1032/Swim-Lessons>

Summer Swim Lesson registration opens Wednesday, May 29th at 12:00pm!

Our group swim lesson sessions include 9, 27-minute lessons and are \$50 for Residents of Oregon City and \$70 for Non-residents of Oregon City and other surrounding cities.

Please be aware that not all 97045 addresses are considered residents.

Private lessons are \$30 per 27-minute class and Semi-Privates are \$43 per class.

2025 Spring Break Camp - Monday, March 24 – Friday, March 28 9:00am – 5:00pm

[Registration](#) opens Wednesday, February 26 at noon!

- **Oregon Youth Soccer-TOPS Programs in Oregon**

<https://www.oregonyouthsoccer.org/topsoccer/>

TOPSoccer is a community-based program for players with disabilities. There are thousands of children with disabilities who need, and can be provided with, the opportunity to play soccer through the TOPSoccer program. This program is designed to bring the opportunity of learning and playing soccer to any boy or girl, who has a mental or physical disability. Our goal is to enable the thousands of young players with disabilities to become valued and successful members of our OYSA family.

- **Portland Parks and Recreation Adaptive & Inclusive Recreation (AIR)**

Inclusion Services provides accommodations for people with disabilities/special needs to allow everyone to take part in PP&R classes and activities that are in their chronological age group. Activities are done in an inclusive setting. Requesting an Inclusion Assistant is free, but you need to fill out the form at the link below to request one.

<https://www.portlandoregon.gov/parks/51926>

Portland Parks & Recreation

<https://www.portlandoregon.gov/parks/38277>

Summer Free For All

<https://www.portland.gov/parks/arts-culture/summer-free-all>

Summer Free For All builds community through free, inclusive, and family-friendly activities that celebrate Portland's diverse cultures and local artists.

- **Recreation and Wellness Resource Navigation Guide**

<https://www.ohsu.edu/oregon-office-on-disability-and-health/navigating-resources>

The Resource Navigation Guide to provide information about resources that are accessible and inclusive for people with intellectual and developmental disabilities (I/DD) and other disabilities in Oregon communities.

- **Zen Penguin Swim School**

<https://www.zenpenguinswimschool.com/home>

Everyone at Zen Penguin is an ADHD and/or autistic adult, with several of us parenting our own neurodivergent kid(s). Penny, our founder, is not just someone who knows how to swim; she's also done years of research on co-regulation, the nervous system, and how to help your kids move through their sensory experiences to reach their goals, so that our whole team can help your child learn to swim in the way that feels best for THEM.

- **Speak and Be Heard**

<http://www.speakandbeheard.org/#/>

We are a theater company dedicated to bringing the joy of the theater to neurodiverse populations. We believe that everyone has a fundamental right to communicate and experience the world in a positive and meaningful way. Our camps and classes focus on teaching social skills, team work, and problem solving through the art of theater. Children gain valuable social skills and peer interactions through participating in our small group classes. Speak and Be Heard Theater is run by a certified Speech and Language Pathologist who has more than 14 years of experience working with neurodiverse populations including children with Autism, Down Syndrome, Intellectual Disabilities, and more. Weekly camps are offered for children age 7-18.

- **Special Olympics**

<https://soor.org/become-an-athlete/find-the-local-program-near-you/>

Offers year-round sports. Connect with your local program.

- **Spectra Gymnastics**

<http://spectrapdx.com/>

Our mission is to celebrate and embrace all abilities without judgment, regardless of personality, behavior, or cognitive differences. Through our programs, Spectra strives to provide a nurturing, structured, and inclusive gymnastics environment. We offer premium-level service to inspire and promote social growth and development through a sensory-rich gymnastics experience, no matter where the student is in their journey. Our special needs gymnastics educational programs target social-emotional development, nurture social skills, communication, engagement & confidence through movement and play.

- **SUN Community Schools**

<https://multco.us/sun/sun-community-schools>

SUN Community Schools aim to extend the school day and develop local schools as “community centers”. We work with partners and community organizations to include them as part of our school environment. This includes hosting community/partner meetings in the school.

- **Tualatin Hills Park & Recreation District Inclusion Services**

<https://www.thprd.org/activities/adaptive-and-inclusive-recreation/inclusion-services>

THPRD's Inclusion Services program provides reasonable supports and accommodations that assist patrons experiencing a disability to participate in the wide variety of programs and activities available through THPRD.

Spring Break Camps 3/24/25 – 3/28/25

<https://www.thprd.org/activities/spring-break-camps>

From sporty to outdoorsy, there's something for every kid (ages 4-13). And with multiple locations around Beaverton, you'll find one close by.

Updated as of 3/21/25

THPRD Summer Guide 2025

<https://www.thprd.org/facilities/recreation/garden-home/summer-camps>

- **Upward Bound Camp**

www.upwardboundcamp.org

Summer 2025 Registration is currently open.

Upward Bound Camp supports the belief that every person is important, worthy of love and caring service. The purpose of Upward Bound Camp is to provide on-going Christian based recreational and educational camp experiences for persons with disabilities, twelve years of age and over in an environment that presents opportunities for growth outside the individual's usual routine or habitat.

- **Vancouver Parks, Recreation and Cultural Services - Adapted and supported programs**

<https://vancouver.ca/parks-recreation-culture/adapted-and-integrated-programs.aspx>

People of all ages with disabilities to participate in any of the activities offered in our activity guide. Reasonable accommodations/modifications will be provided to people with disabilities in accordance with the guidelines of the Americans with Disabilities Act (ADA).

Other Sensory Friendly Options

- **Chuck E. Cheese - Sensory Sensitive Sundays program**

<https://www.chuckecheese.com/sensory-sensitive-sundays/>

We're able to offer families a quieter dining and entertainment environment, dimmed lighting and a sensory-friendly arcade experience. Our sensory-friendly events also include a trained and caring staff to ensure each guest has a safe, fun-filled visit.

- **Sensory-Friendly Movies**

- [Regal My Way Matinee](#)
- [AMC Sensory Friendly Films](#)

- **Sky Zone Sensory Hours**

<https://www.skyzone.com/programs/sensory-hours/>

Enjoy the freedom of jumping. Sensory hours provide a quieter, toned-down jumping experience for those with special needs, making our special needs playground the perfect place to have fun and feel included.